

GET **CREATIVE** WITH

# BAM

BOISE ART MUSEUM

Inspired by artworks in the exhibition

***Many Wests:  
Artists Shape an American Idea***



*Many Wests: Artists Shape an American Idea,  
Boise Art Museum installation detail, 2021.*

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## Create a Daily Journal/Sketchbook

### Record Personal Histories through Words and Images

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#### Materials

Brown, paper grocery bags  
Markers  
Color pencils  
Hole punch  
String, yarn, or ribbons to tie through holes for binding  
Found papers/photos and glue (optional)



#### Instructions

- Cut the brown, paper grocery bags into a number of same-size sheets.
- Stack the pages together, hole punch, and tie with string, yarn, or ribbons.
- Decorate the journal/sketchbook cover, if desired, by drawing with markers or color pencils, or gluing found papers and photos.
- Record daily experiences with words and/or images.
- Consider writing your responses to questions such as, “How does the history, privilege, or lack of civil rights impact your life?”

#### Additional ways to use your Journal/Sketchbook

For many descendants of Japanese-American incarcerated, details of camps like Minidoka were not shared. Often it takes asking questions to learn about important and significant parts of family histories. Pick someone in your family to conduct an interview. Record your questions and the responses in your hand-made journal. Make it a sketchbook by drawing an image that shares the family history you have learned more about.